

AA29. Being Joyful in All Circumstances.

We are to be joyful in all circumstances.

This precept is derived from His Word (blessed is He):

Key New Testament Scriptures

2 Corinthians 6:10

.. as having reason to be sad, yet always filled with joy; as poor, yet making many people rich; as having nothing, yet having everything!

Philippians 4:4

Rejoice in union with the Lord always! I will say it again: rejoice!

1 Thessalonians 5:16

Always be joyful.

Additional New Testament Scriptures

Matthew 5:12

1 Corinthians 10:10

Galatians 5:22-23

Philippians 3:1

Colossians 1:11

Related New Testament Mitzvot

DA32 Empathizing with Our Neighbor's Joys and Sorrows

UA02 Being Joyful in Our Troubles and Amidst Persecution

GB67 Enduring Trials with Joy

Supportive Tanakh Scriptures

Nehemiah 8:10

Then he said to them, "Go, eat rich food, drink sweet drinks, and send portions to those who can't provide for themselves; for today is consecrated to our Lord. Don't be sad, because the joy of ADONAI is your strength."

Psalms 5:12(11)

But let all who take refuge in you rejoice, let them forever shout for joy! Shelter them; and they will be glad, those who love your name.

Psalms 28:7

ADONAI is my strength and shield; in him my heart trusted, and I have been helped. Therefore my heart is filled with joy, and I will sing praises to him.

Psalms 32:11

Be glad in ADONAI; rejoice, you righteous! Shout for joy, all you upright in heart!

Psalms 40:9(8)

Doing your will, my God, is my joy; your Torah is in my inmost being.

Psalms 47:2(1)

Clap your hands, all you peoples! Shout to God with cries of joy!

Habakkuk 3:18

..still, I will rejoice in ADONAI, I will take joy in the God of my salvation.

Comment

1 Thessalonians 5:16 admonishes us to “always be joyful.” But how can that be when there are times of hardship, pain and disappointment in most everyone’s life? The answer lies in the difference between being “joyful” and being “happy.” Happiness is a surface feeling of well-being that comes and goes with the ups and downs of life. Joy, in contrast, is a deep inner state of contentment that transcends the ups and downs of life. The reason that believers can have joy without ceasing is that God, who is always present, is the source of their joy (see Psalms 40:9(8)).

Related Mitzvot in Volumes 1 & 2

None